Newsletter Ponsonby

Intermediate School

Articulate, energised achievers, ready for the future

11 September 2024

Important

9 - 13 September Careers Week

10 September BoT Meeting 6pm

11 September Out of Zone Ballot for Year 7 2025 enrolments

16 September Cricket In Schools Programme

19 September **HPV2 Immunisations**

19-22 September North Island Water Polo Festival

26 September Showcase for Rooms -3, 14, 20, 22, and 28

27 September End of Term 3 – 3:05pm

14 October Start of Term 4

15 October **Camps Depart**

18 October Camps Return

29 October Teacher Only Day

Principal's Message

This week we have had a focus on Careers. A number of interesting guest speakers from a variety of different careers have talked to the students about what has inspired them, the importance of following your dreams, hobbies and interests. Each presentation ends with a Q&A session - I'm always impressed with the students' inquiring minds, it has been an engaging week.

Next week is Māori Language Week, Te Wiki o te Reo Māori, with this year's theme being 'Ake ake ake - A forever language.' The theme beautifully captures the adaptability and resilience of Te Reo Māori, highlighting its enduring importance.

Kia pai te wiki.

Nick Wilson

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Central Zone Speech Competition - Finals

Ponsonby Intermediate were proud to host the Central Zone Intermediate Speech Finals on Thursday 5 September. Seven intermediates took part and the standard was high with a diverse and entertaining range of speeches. Congratulations to first place getter Tessa Boow from Pasadena Intermediate with her speech on Preppers. Jack Hopkinson from Ponsonby Intermediate and Charlie Harvey from Kowhai Intermediate were awarded Highly Commended awards for their speeches on The World's Most Useless Animals and Climate Change. Thanks to our judges Albra Stoltenkamp from Royal Oak Intermediate and Katie Fiddian from Ponsonby Intermediate.



Special Report - Vaping

Over recent months, there has been a growing concern about the impending epidemic affecting young people in relation to the use of e-cigarettes and the trendy pastime of vaping. As this activity grows in popularity, most teenagers are unaware of the associated risks and the potential impact vaping can have on their development and overall health.

Vaping is the act of inhaling a vapour created by an electronic cigarette, or e-cigarette. Although vaping is often marketed as being the "healthy" alternative to smoking, doctors advise that if you do not smoke, then you should not start vaping. Although vaping products are infused with enticing flavours, many contain high levels of nicotine as well as other chemicals and additives, that when inhaled, can cause severe damage to the lungs. Australia has strict regulations in place for nicotine-containing products and despite it being illegal to use, sell or buy nicotine for use in e-cigarettes, users are purchasing these products

through other avenues. A recent Australian study of chemically flavoured liquids used in ecigarettes which are available here for purchase over the counter, has confirmed concerns about their safety and respiratory health impact. Attempts are being made to regulate vaping and ban the importation of vape products containing nicotine. Unfortunately, manufacturers are developing vaping devices that are cheaper and easier to hide than conventional cigarettes, making it more attractive and cost-effective for impressionable young people.

For more information <u>click here</u> to download vaping fact sheets from the Lung Foundation Australia.

Or, if this Special Report has raised some issues, please seek support from your medical practitioner or Quitline 0800 778 778

Hauora Survey

Your child will take part of a survey in the next couple of weeks to look at their Hauora / Wellbeing at Ponsonby Intermediate. The survey is anonymous, but gives us good information about trends or things at our school that we can action.

Sports Update

CZ Cross Country

The Central Zone Cross Country was held at Waiatarua Reserve in Remuera. It is traditionally a very muddy course and this year was no different!

The teams were made up of the top eight finishers in our School Cross Country.

The top performance of the day was from Dante Lam in the Year 8 Boys race. Dante then went on two days later to race in the Interzone Champs at Muriwai Beach.





Swimming

It's always exciting to hear about Ponsonby Intermediate students achieving in their chosen sport. Year 8 student Madison Dettling has been making a big splash in the pool at the Northern Region Junior Surf Pool Championships again. In the four years competing as a junior in this event she has placed 1st in every individual race - 50m Swim with Fins, 50m Rescue Medley, 50m Brick Carry, 100m Obstacles. Madison was also in some teams that were awarded medals - 2nd Tube Rescue and 3rd Obstacle Relay. Her next event is at the NZ Surf Pool Championships in October. Swim strong for this one too Madison!





Basketball

Ponsonby Intermediate PE classes were treated to basketball coaching sessions with players from the Auckland Tuatara and Breakers Basketball teams. Coaching the classes were Conor Flanagan, Cam Gliddon and Corey Webster - the latter two also representing their countries, Australian Boomers and New Zealand Tall Blacks. Classes were engaged, had great fun learning new skills, drills and playing alongside the coaches who were super impressed with the students basketball abilities, listening skills and energy. Stay sporty Ponsonby!!





Netball Umpires

An enthusiastic group of Year 8 students were given the opportunity to umpire netball for Year 5, 6 students at the Inner City School Sports tournament, with teams ranging from A Grade to C Grade. Stella May, Hollie Allbon, Siyao Zhu, Ivanna Marin Linarez, Grace Paranihi, London Samania-Tuioti, Maia Martin, Madison Dettling and Tiare Mau'u have all played netball and some have also taken umpire courses to develop their knowledge of the game. The day was full on for the girls with each of them umpiring 10-11 games and they were praised by the tournament organisers and teachers for their confident umpiring skills. Awesome effort for their contribution to the local primary school's community.



Hackathon

Mr Andy Wilson and the Tech Experts are currently hosting the annual Hackathon competition. Hackathon is a chance for students to create something digital, within a specific 2 week time frame. 57 students have signed up to participate this year. A new record! Students in the past have created worlds in Minecraft, animations in RecRoom, games in Scratch, digital art, photography and much more. The competition closes this Friday, with winners being announced at the final assembly of the term.

Teachers Only Day - Tuesday 29 October

The Ministry of Education directed Teacher Only day is on **Tuesday 29 October**. This date is the day after Labour weekend and also aligns with some local primary schools to cause the least disruption to families.

The school will be closed for instruction. Should children need supervision here at school please contact – office@ponsint.school.nz

Sausage Sizzle Camp Fundraiser

Tomorrow lunchtime, Friday 13 September we will be having a Sausage Sizzle to help fundraise for our school camps.

We have ordered lots of sausages and will have some sugar free drinks available - \$2 for a drink \$3 for a Sausage.

A reminder to bring the correct change and remember that the money raised is going to a great cause!

Camp Information – Gear List

Last Friday you would have received the camp gear list for school camp coming up in Week 1 of Term 4.

If you did not receive this or you have any questions regarding the gear list, please contact your child's form teacher.

Camp Fees

The fee for attending camp this year is \$375.00 per student. This amount can be paid online using the link below or at the front office.

If you pay online, please follow the instructions with regards to payment details. You can pay in as many instalments as you like leading up to the **due date of September 15th.**

https://www.ponsonbyintermediate.school.nz/online-payment/

If you have any questions regarding camp, your first point of contact is your child's form teachers.

Kids to Camp Sponsorship

Throughout the year, we are raising money to sponsor students to attend camp in Term 4. If you are a parent/caregiver who would like to sponsor a student feel free to follow the link below with the reference 'Kids to Camp'. You can contribute as little or as much as you like. It all helps to ensure students do not miss out on camp due to financial hardship. Your contribution is greatly appreciated.

https://www.ponsonbyintermediate.school.nz/online-payment/

Term 4 Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	14 October	15 October	16 October	17 October	18 October
	Camp Prep Day Students with Form Class Recreation @ 1:35pm	Camps Depart CZ Boys Volleyball		CZ Girls Volleyball	Camps Return
	21 October	22 October	23 October	24 October	25 October
2		CZ Boys Basketball	CZ Girls Basketball	NZ Shakeout Drill 9:30am	
		BOT Meeting – 6pm			
	28 October	29 October	30 October	31 October	1 November
3	Labour Day	Teachers Only Day			CZ Badminton
	4 November	5 November	6 November	7 November	8 November
4	Yearbook Photos All week	CZ Girls Touch	Art Exhibition Evening 3:15pm Start 5:30pm - Prize Giving	CZ Boys/Mixed Touch World Challenge Parent Evening @ 6:30pm	
5	11 November	12 November	13 November	14 November	15 November
			Ponsonby Athletics Day		
	18 November	19 November	20 November	21 November	22 November
6			CZ Athletics	Modular Conferences 3:30 - 6pm	
	25 November	26 November	27 November	28 November	29 November
7		BOT Meeting – 6pm			
8	2 December	3 December	4 December	5 December	6 December
				VIP Morning Tea	Showcase P5&6
	9 December	10 December	11 December	12 December	13 December
9			Year Prizegiving @ Ilam	Year 8 Prizegiving @ 11am Year 8 Finish 12:30pm Graduation 6 - 8:30pm	Year 7's last day School finishes at 12pm

Students attending MAGS in 2025

MAGS Academic Testing:

All Year 9 2025 students will be involved in MAGS academic testing at MAGS as follows:

	DATE	ACADEMIC TESTING	SPORTS ACADEMY TRIALS	
		(Please bring pen/pencil water	(Please bring correct sports	
		bottle and a light snack)	attire, lunch, water etc)	
GIRLS	Thursday - 31	8.30am-12.00pm (including a	12.30pm-2.30pm	
	October	break)		
BOYS	Friday - 1 November	8.30am-12.00pm (including a	12.30pm-2.30pm	
	-	break)	_	

Students should assemble outside the Main Hall before 8.30am

Sports Academy Trials: 12.30pm-2.30pm approx

Separate Girls/Boys Sports Academy trials, for those students who wish to be considered, will be held as per the table above. Following the academic testing, students interested in academy trials will report to the Grandstand and have a brief lunch break before participating in their chosen Sports Academy. Please bring lunch and a drink, sunhat/sunblock and appropriate sports attire.

IMPORTANT - PLEASE NOTE: Hockey and Football Trials

Most Academy trials will take place on **Thursday 31 October for girls and Friday 1 November for boys**. The exception to this is Hockey, as due to safety, the courts will only be used for one sport at a time so the **trials for both girls and boys** <u>Hockey trials</u>:

Hockey trials will be on Friday 1 November at 12.30pm (for both girls and boys)

Football Trials will also be held at an earlier date due to staff being on leave later in the term.

- Football trials for Boys Wednesday 23 October at 3.30pm on site at MAGS
- Football trials for Girls Thursday 24 October at 3.30pm on site at MAGS

Please ensure the student reports to the Grandstand at that time in appropriate sports attire.

Growth Through

treating each challenge as an opportunity to learn. As life long learners we strive to be the best we can be

As members of a class, a school and a community, we are part of a whole. We come together from many different onnections cultures to learn from

Expressing Ourselves we are. We get the most out of life when we are true to ourselves.

We explore and share our thoughts, because these make us who

Making Showing Other Peop

Because we have confidence in who and let others be

Our Values & GEMS

School Holidays

'SIMPLE THINGS DONE AT A HIGHER STANDARD'



Professional Football Coach

- FA Level 2
- FA Level 1 Talent Identification
- OFC / NZF C Licence

Instagram - @jhf_1on1



Facebook - DTCoachingClinic



Youtube - DTCoachingClinic



tiekusderek@hotmail.com

JUST HAVE FUM



Please visit jazzschool.co.nz or email jnrjazzschool@gmail.com for more information.



Register at

https://ironupsportsnz.clickfunnels.com/therugbyclinic