

Order online by 9am  
for delivery every day

# ezlunch MENU

Ponsonby Intermediate School / Term 1 2025



115 Ponsonby Rd  
Ponsonby  
Auckland 1011  
09-3604200

## 6 INCH SUBS

CHICKEN STRIPS 6 inch	\$6.00
Roast Beef 6 inch	\$6.00
Ham 6 inch	\$6.00
Salami 6 inch	\$6.00
Tuna 6 inch	\$6.00
Veggie Delite 6 inch	\$5.50

## COMBOS

6 inch combo - choose your protein	\$9.00
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## EXTRAS

Chocolate Chip Cookies	\$1.30
Just Kid Juice	\$3.00
Mini Water Pump	\$3.00

## TEACHERS CORNER

Ham- 6 inch	\$9.00
Salami- 6inch	\$9.00
Roast Beef- 6 inch	\$9.00
Tuna- 6 inch	\$9.00
Chicken Classic- 6 inch	\$10.00
Chicken Strips- 6 inch	\$10.00
Chicken Teriyaki- 6 inch	\$10.00
Veggie Delite with Avocado- 6 inch	\$8.00

Order online... [www.ezlunch.co.nz](http://www.ezlunch.co.nz)

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## 20PERCENT OFF SPECIAL PROMOTION

M.T	LUNCH COMBO 1	\$14.20
W.Th	LUNCH COMBO 2	\$13.20
M.T.W.Th.F	SUSHI COMBO	\$16.70
M.T	RICE SANDWICH COMBO	\$9.30
W.Th	TOFU POCKET COMBO	\$9.30
W.Th.F	SNACK BOX 1	\$10.90
M.T	SNACK BOX 2	\$10.90
Mon	Spaghetti Bolognese (L) - PRO	\$11.10
Wed	Butter Chicken (L) - PRO	\$11.10
Tue	Beef Nachos - PRO	\$10.40
Thur	Panini Bacon & Egg - PRO	\$10.50
Fri	Hot Dog - PRO	\$7.80

## WARM MAINS - SPECIALS OF THE DAY

Thur	THURSDAY - Dumplings 8pcs	\$13.80
Wed	WEDNESDAY - Pizza Chicken & Cranberry	\$8.60
Wed	WEDNESDAY - Pizza cheese & ham	\$7.80
Wed	WEDNESDAY - Pizza cheese & pineapple	\$7.80
Mon	MONDAY - LARGE Teriyaki chicken on rice	\$13.80
Mon	MONDAY - SMALL Teriyaki chicken on rice	\$9.70
Tue	TUESDAY - LARGE Macaroni cheese	\$13.40
Tue	TUESDAY - SMALL Macaroni cheese	\$9.40

## WARM MAINS

M.T.W.Th.F	Chicken kebabs on slaw	\$8.80
T.Th	Pork&Apple; Schnitzel on rice with salad	\$15.70
M.T.W.Th	Beef meatballs on mashed potato with salad	\$16.50
M.W	NEW - Katsu Chicken	\$15.70
	NEW - Beef Lasagne	\$11.60
	Mince pie	\$8.60
	Mince & Cheese pie	\$8.60
M.T.Th.F	Steak & Cheese pie	\$8.60
T.W.Th	SMALL Teriyaki chicken on rice	\$9.70
T.W.Th	LARGE Teriyaki chicken on rice	\$13.80
T.W.Th.F	LARGE Spaghetti bolognaise	\$13.80
M.T.W.Th.F	SMALL Spaghetti bolognaise	\$9.70
M.T.Th.F	LARGE Butter chicken on rice	\$13.80
M.T.W.Th.F	SMALL Butter chicken on rice	\$9.70
M.W.Th.F	Beef Nachos	\$13.00
M.T.W.Th	Vege fried rice	\$8.60
M.T.W.Th	H1 - Chicken Corn Soup w. cheesy toast	\$12.20
M.T.W.Th	Hot dog	\$9.80
	Pancake w. Orange, Pineapple and Strawbe...	\$8.80
W.Th	English Muffin - Ham & egg	\$9.80
M.T	English Muffin - Bacon & egg	\$10.40
M.T.W.Th.F	Frankfurters on mash	\$8.80
	Mashed potato	\$5.50
T.W.Th	Red Bean Paste Pancake	\$7.10
M.T.Th	Pork & Cabbage Pancake	\$7.60

M.T.Th.F	BBQ Pork Bun (steamed)	\$6.90
W.F	Pork & Cabbage Bun (steamed)	\$6.30
M.T.W.Th.F	Fried Dumpling Combo	\$14.70
M.T.F	Panini ham & cheese	\$12.00
Wed	Panini bacon & egg	\$13.10
	GF Toasted cheese sandwich	\$9.00
M.T.Th.F	Toasted sandwich cheese & HAM	\$8.60
	Toasted sandwich CHEESE	\$6.90
M.T.W.Th.F	Garlic Bread (Mini)	\$3.90
M.T.W.Th.F	Vegetarian roll	\$7.80
M.T.W.Th.F	Sausage roll (Mini)	\$4.40
	Mince Savoury	\$4.40
	Tomato sauce	\$0.70

## COLD MAINS

Fri	Large Onigiri	\$8.60
M.T.W.Th	Mango & Sticky rice	\$8.80
M.T.W.Th	Rice Sandwich	\$8.60
M.T.W.Th	Onigiri rice balls	\$8.60
	Vegetarian Fresh Spring Rolls	\$8.80
	Fresh Spring Rolls	\$8.80
	Inari (Tofu pocket with rice)	\$7.90
M.T.W.Th	Vegetable Noodle Salad	\$8.30
M.T.W.Th	Chicken Noodle Salad	\$8.90
M.T.W.Th	Moroccan Couscous Salad	\$12.50
M.T	Green Salad with eggs	\$12.30
	Chicken Wrap	\$9.80
M.T.W.Th	Vogel - Smoked salmon & avocado	\$9.90
M.T.W.Th	Vogel - Chicken	\$8.90
M.T.W.Th	Vogel - Vegetable	\$8.90
M.T.W.Th.F	Ham & Cucumber Sandwich	\$8.20
M.T.W.Th.F	Tuna Sandwich	\$8.20
M.T	Egg Mayo Sandwich	\$8.20
W.Th	Ham, Egg & Mayo Sandwich	\$8.80
M.T.W.Th.F	Chicken & Vege Sandwich	\$8.80
M.T.W.Th	Tofu Pockets and Salad	\$12.10
M.T.W.Th	Rice Balls and Salad	\$12.10

## SAKURA SUSHI

	Sushi Chicken (3 pieces)	\$7.00
	Sushi Chicken (5 pieces)	\$10.20
	Sushi Chicken & Avocado (5 pieces)	\$10.20
	Crab Sushi (5 pieces)	\$10.20

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